

Welcome!



National Indigenous Women's Resource Center

- **Teens: Meeting Them Where They Are & Promoting Their Leadership**

February 18, 2015

Welcome our Presenters!

- Brighton Kimbell, Youth Empowerment Coordinator, Native American Youth & Family Center
- Jordyn Coleman, Teen Dating Violence Awareness Coordinator, Native American Youth & Family Center
- Krysta Williams, Advocacy and Outreach Coordinator, The Native Youth Sexual Health Network



Teen Dating Violence Awareness

A collage of three images is centered on the slide. The left image shows a Native American man in traditional regalia with a large feathered headdress, standing in front of a cityscape. Overlaid on this image is the text 'TEEN DATING VIOLENCE AWARENESS' in orange brushstrokes. The top right image shows a close-up of a child's face framed by two hands. The bottom right image shows two hands shaking in a firm grip.

A Community Effort!

NAYA Community

- Youth Centered, Family Driven, Elder Guided
- Wrap-around services approach
- 9th largest AI/AN urban population
- Community consists of Elders, youth, and parents

Our Mission:

To enhance the diverse strengths of our youth and families in partnership with the community through cultural identity and education.

About Us:

Founded by the community, for the community, NAYA is a family of numerous tribes and voices who are rooted in sustaining tradition. We work to identify and provide intentional services that will guide our people in the direction of personal success and balance, empowering positive change and cultural wealth.

NAYA Fosters Journeys





What Does TDV Look Like and Who Experiences it?

Teens and young adults experience the same types of abuse as adults. These abuses and warning signs include:

- **Physical Abuse:** Any intentional use of physical force with the intent to cause fear or injury, like hitting, shoving, biting, strangling, kicking or using a weapon.
- **Verbal or Emotional Abuse:** Non-physical behaviors such as threats, insults, constant monitoring, humiliation, intimidation, isolation or stalking.
- **Sexual Abuse:** Any action that impacts a person's ability to control their sexual activity or the circumstances in which sexual activity occurs, including rape, coercion or restricting access to birth control.
- **Digital Abuse:** Use of technologies and/or social media networking to intimidate, harass or threaten a current or ex-dating partner. This could include demanding passwords, checking cell phones, cyber bullying, sexting, excessive or threatening texts or stalking on Facebook or other social media.

Source: <http://www.breakthecycle.org/what-is-dating-violence>

Trainings

Dating violence is a **pattern of abusive behaviors** used to **exert power and control** over a **dating partner**.

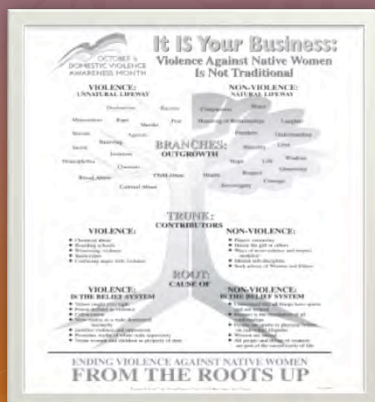
- Usually involves a **series of abusive behaviors** over a **course of time**.
- Does **not** mean the **first instance** of abuse is **not dating violence**.
- Every relationship is different, but **patterns** and **intensities** of abuse tend to **escalate over time** if left unchecked.
 - At the **core** of TDV are issues of **power** and **control**.

How to recognize warnings signs: A Staff Perspective

Does the youth or youth's partner do the following?

- Checks cell phone/emails/Social Media without permission or forces partner to give them passwords and access.
- Constantly gives put-downs or negative comments about appearance, intelligence, competency, etc.
- Displays extreme jealousy or insecurity.
- Possessiveness of partner and their time.
- Explosive temper.
- Isolates partner from family or friends.
- Makes false accusations of a partner's actions or behaviors.
- Mood swings.
- Physically hurts partner in any way.
- Tells partner what to do, where to go, how to dress, who to see, etc.

Education



Safe School Policies

- ⚙ Currently ECA-specific but hope to expand to include all youth who access the NAYA Family Center.
- ⚙ Found online :
<http://nayapdx.org/services/youth-and-education/step-2-respect/tdv-resources/>



From the Kitchen to
Development to
Facilities, all NAYA staff
have a responsibility to
provide a safe
atmosphere for our
youth.

Disclosure can happen
anywhere and at anytime



2 things you can do to
make a difference for a
youth experiencing
Teen Dating Violence



RESPOND
&
REPORT



Trauma Informed Response: BREATHE

- BELIEVE
- RESPECT
- ENVIRONMENTAL SAFETY
- AFFIRM
- TALK
- HELP
- EMPOWER



Confidentially report the
incident you witnessed
or that was disclosed to
you to the Youth
Empowerment
Coordinator.

Student Rights



Every student has the right to file a Grievance and request Accommodations

Accommodations

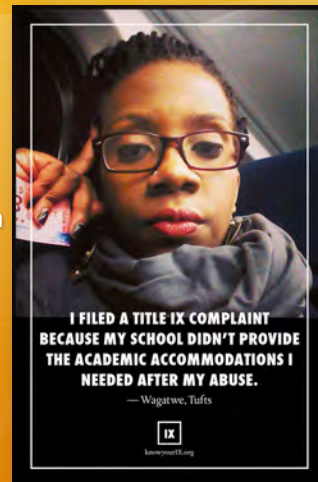


- ✿ Extension on classwork
- ✿ Change in Class Schedule
- ✿ Mental health support
- ✿ Change of transportation to and from school

Title IX



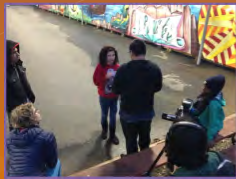
NAYA ECA does not discriminate on the basis of sex, gender, or sexual orientation in the education programs or activities it conducts



Title IX Coordinator Ashley Thirstrup
Room 205



Student Clubs



Art & Poetry Contest

A Piece of Me

Artist: Jessica Dow

Age: 17

Art Medium: Pencil and Markers

"Jessica is inspired by her surrounding and friends. She has considered herself an artist since she was 8 years old. In this piece the Context quadrant shows love for her relationship and that things are only getting better. The Mind quadrant shows her experiences living in Portland, for Body she depicted a person, and for Spirit she included a yin and yang symbol to represent balance and harmony."



Healthy Relationship STUDENT SHOWCASE

FRIDAY, DEC 12th
12:25pm NAYA Cafetorium

Slam Poetry

&

Art Exhibit

STEP
RESPECT



@FramaticApp
Creative Expression Contest Winners will be announced

Teen Dating Violence Awareness Month Events



Healthy Breakup Summits

1st Annual Healthy Break Up Summit
#HealthyBreakUpSummit

April 24th, 2014 at 5:30 pm (Community Dinner & Events Begin)
Wellness Fair from 4:00 – 6:00 pm in NAYA Gym
Native American Youth and Family Center (NAYA)
5135 NE Columbia Blvd
Portland, OR 97218



All ages are welcome to join for youth-focused, family-friendly, interactive workshops around different aspects of healthy break ups!
Get the chance to win a Netbook or Flip-Cam raffle prize!
Register @ <http://healthybreakupsummit.eventbrite.com>

Keynote Speaker
Jessica Danforth
With the Native Youth Sexual Health Network

DEFENDING CHILDHOOD
PROJECT HEALTHRIVE

Event Sponsors
Mult. Co. Family Violence Coordinating Council
Prevention and Public Awareness Committee

STEP2 RESPECT

HOME Free

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Respect in our city



Honor through our Lands



Is our Prayer for the World



and those who have yet to come.





S.T.E.P. 2 Respect Events

- S.T.E.P. 2 Respect will be one of 4 national organizations featured on the website of Break the Cycle for TDV Month.
- Feb. 20th Student Advisory classrooms present Teen Dating Violence Awareness Banners during Community Health.
- Healthy Break Up Summit April 25th at the Native American Student and Community Center @ PSU. For Middle school and HS youth. 11am-4pm.





Teens: Meeting Them Where They Are & Promoting Their Leadership

Krysta Williams, Advocacy and Outreach Co-Coordinator
Native Youth Sexual Health Network



Who are WE?!



*Native Youth
Sexual Health
Network*

www.nativeyouthsexualhealth.com

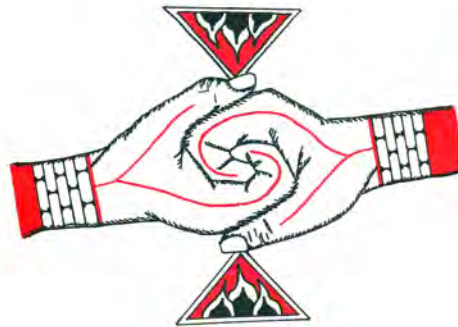
NYSHN is a network by and for Indigenous youth organizing throughout the United States and Canada across issues of sexual and reproductive health, rights and justice! (Our bodies, Our spaces)

We are governed by 3 national Indigenous youth councils and a network of youth leaders

Our key areas of work

Culturally safe sex education
Reclaiming rites of passage, coming of age ceremonies and
Indigenous knowledge
Healthy relationships and violence prevention
Pregnancy options, youth parenting and families
Environmental justice and environmental violence
Harm reduction
Two Spirit and LGBTTIQQA advocacy and awareness
Sexually Transmitted and Blood Borne Infections (STBBIs)
and HIV/AIDS awareness and prevention
Youth in custody, jail, prison and the child welfare system
Sex trade, sex industries and street economies
Indigenous feminisms and masculinities
Sexual self-esteem and empowerment
Media literacy
Youth activism and human rights

From Deficit Models to Ancestral Strengths



We need to understand that young people are not 'at risk' all by ourselves. There are certain things in our lives like racism that make our lives less safe. Let's commit to naming the risk instead of blaming young people for the violence they experience.

Relationship to Land & Self

There are many connections we have to other things, places and people; including relationships to ourselves!

There are many types of relationships, not just the romantic kind. These can include:

- **Relationships with our family**
- **Relationships with ourselves**
- **Relationships with food, pets or playing sports**
- **Relationship to the land, territory and community**

Relationship to Land & Self



**What are relationships?
The land can teach us about healthy relationships!**

ACTIVE LISTENING TO YOUTH!

- What are the youth identifying as important to them? (in the context of trauma and violence)
- How do you see yourself participating and supporting the recommendations they are giving from a strength base? (i.e. as a consensual ally, inter-generationally, etc)

Speaking Our Truths, Building Our Strengths



National Indigenous Young Women's Council (NIYWC)



ks to provide leadership opportunities, community actions and mobilization

Colonial Gender Based Violence

We come together here to name specific forms of state violence – as much of the violence we face as communities, nations, and families stems from colonial nation-states like Canada and the US and the laws themselves.

Structures of colonialism (i.e. state governments, foster care, prisons, social services) are responsible for and contribute to ongoing violence against Indigenous women, girls, Two Spirit, and lesbian, gay, bisexual, transgender, transsexual, queer, questioning intersex, and asexual (LGBTQQIA) people.

Self Governed Responses to Gender Based Violence

SELF GOVERNANCE FOR OUR BODIES & COMMUNITIES: RESPONDING TO COLONIAL GENDER BASED VIOLENCE
with the National Indigenous Young Women's Council

SATURDAY NOVEMBER 15 4PM EST

#INDIGENOUSYW
Self governance for our bodies & communities: Responding to gender based violence

Public • Hosted by Idle No More

Saturday, November 15, 2014 at 4:00pm in EST
about 2 months ago

Everywhere

Join the Native Youth Sexual Health Network and the Indigenous Young Women's Council for a conversation on how they are currently responding to colonial gender based violence in their communities.

Erica, Melody and 72 others

483 went 92 maybe

The National Indigenous Young Women's Council is a self-governed council of gender fabulous Indigenous young women under 30, including those who identify as Trans, Two-Spirit, and/or gender non-conforming. The council

WEBINAR - Self governance for our bodies & communities: Responding to colonial gen...

www.indigenouslyw.com

National Indigenous Young Women's Council (NIYWC)

Community Leadership in ACTION!

TRUTH STRENGTH SM

Indigenous Young Women - Spreading Our Truths
Building Our Strengths: The Making of
Community Actions across Canada

INDIGENOUS YOUNG WOMEN LEAD


Our Stories, Our Strengths, Our Truths

EDITED BY THE NATIVE YOUTH SEXUAL HEALTH NETWORK

School to Prison Pipeline


<u>MALE</u>	<u>FEMALE</u>
CLASS ASSIGNMENT	
-SCHOOLING GENDER	-POLICING GENDER

TWO-SPIRITED NOT ALLOWED IN SCHOOL
RESISTING COLONIAL BINARIES OF
GENDERS/SEXUALITIES BY BUILDING OUR
LANGUAGES AND TERMS FOR TWO-SPIRIT PEOPLE



#SCHOOLPUSHOUT

Policing Indigenous Bodies



hir - agookway - Beradache
Semankis (police) more like them
families violence
war on drugs
prison people
schools
judges
rights of body
military
wealthy corporations
assimilation
jails don't make better people
Elisipatog protests
trad lunch

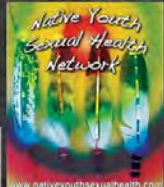
Policing & Colonizing Gender

semakanis
"more like them"
hir
agookway
berdache

School to Prison Pipeline

BACK TO SCHOOL RESISTANCE

- REPRESENTING OUR HISTORIES
- USING OUR LANGUAGES AND CULTURES
- DEFENDING SELF DETERMINATION
OVER OUR BODIES AND LAND
- YOUTH LEADERSHIP



#SCHOOLPUSHOUT #SCHOOLPUSHOUT

We Are More Than A Rainbow

Finish the sentence “We are more than a rainbow because...”



Thanks!

www.nativeyouthsexualhealth.com

Twitter and Instagram @NYSHN

Find us on Facebook!

Native Youth Sexual Health Network

Contact:

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