



National Indigenous Women's Resource Center

WOMEN ARE SACRED



2019 MONTHLY CALENDAR
WITH AWARENESS MONTHS & DAYS

JANUARY IS NATIONAL SLAVERY & HUMAN TRAFFICKING PREVENTION MONTH & NATIONAL STALKING AWARENESS MONTH



ARTIST SPOTLIGHT: JOANNE BRINGS THUNDER (SHOSHONE)
Sacred Woman, Mixed Media: Ledger Paper, Acrylic, Ink, Dimensions: 11"x17"
 Joanne created this beautiful image for the 2018 Women are Sacred conference.



BLUE TO RAISE AWARENESS OF TRAFFICKING

A long and brutal history underlies today's disproportionate rates of intimate partner violence against Native women, as well as the targeting of Native women by sex traffickers. Each and every Native person has the fundamental right to be and feel safe in our own homes and communities.

WHAT EXACTLY IS STALKING AND HUMAN/SEX TRAFFICKING?

Stalking is a pattern of repeated and unwanted attention, harassment, contact, or any other course of conduct directed at a specific person that would cause a reasonable person to feel fear. NativeLove is Healthy Love. Stalking and pressure to know where you are all the time is just NOT healthy love. Stalking is serious, often violent, and can escalate over time. Stalking is unpredictable and dangerous. No two stalking situations are alike. There are no guarantees that what works for one person will work for another, yet you can take steps to increase your safety.

Under federal law, **sex trafficking** is: the recruitment, harboring, transportation, provision, or obtaining of a person for the purpose of commercial sex act, in which a commercial sex act is induced by force, fraud, or coercion, or in which the person induced to perform such act has not attained 18 years of age. (22 U.S. Code §7102).

RESOURCES:

- For information, resources, referrals or to report a potential case of human trafficking please contact the National Human Trafficking Resource Center hotline at 1-888-373-7888. Or text HELP to: BeFree (233733). 24/7 Confidential.
- Post using #HumanTraffickAwarenessMonth on social media.
- Download: "Combating Trafficking Native Youth Toolkit on Human Trafficking" by the Department of Health & Human Services, Administration for Children & Families and Administration for Native Americans, at: https://www.acf.hhs.gov/sites/default/files/otip/native_youth_toolkit_on_human_trafficking.pdf
- Download: "Shattered Hearts: The Commercial Sexual Exploitation of American Indian Women And Girls In Minnesota," by the Minnesota American Indian Women's Resource Center. <http://indianlaw.org/sites/default/files/shattered%20hearts%20report.pdf>

JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11 HUMAN TRAFFICKING AWARENESS DAY	12
13	14	15	16	17	18	19
20	21 MARTIN LUTHER KING JR. DAY	22	23	24	25	26
27	28	29	30	31		

FEBRUARY IS TEEN DATING VIOLENCE AWARENESS MONTH



NativeLove Youth Ambassador, Kristen Butcher, at her community celebration on the Torres Martinez Desert Cahuilla Nation in Thermal, California. Kristen has written and led youth sessions on healthy relationships and interviewed with Native America Calling.

NATIVE *Love*



ORANGE TO RAISE AWARENESS OF TDVAM

Teen Dating Violence Awareness Month (TDVAM) is a national effort to raise awareness and protect teens from violence. How can you make a difference? By encouraging your school, community-based organizations, tribal leaders, parents, and teens to join together to prevent teen dating violence—both at home and in our communities. Those of us in Native communities often hear jokes about “Indian lovin” as waking up with a hickey and a black eye—that’s not love, it’s dating violence. The NativeLove Youth project gives us the opportunity to reframe what NativeLove really is, so we can change our thoughts and actions to restore how we love, honor, and treat each other, which is characterized by respect, kindness, and compassion.

WHAT IS TEEN DATING VIOLENCE?

Dating/Relationship Violence occurs when one intimate or romantic partner tries to maintain power and control over the other through words and actions that are physically, emotionally, spiritually and financially abusive.

RESOURCES:

- Explore: the NativeLove Youth Project, at: <http://nativelove.niwrc.org>. Verizon has partnered with NIWRC to raise awareness and help end violence against Native youth by empowering them to redefine Native love. Our NativeLove project includes a youth video/photo challenge, posters, social media campaigns, FAQs, and teen resources and toolkits. These are offered to support and inform youth and educators about healthy relationships and to encourage dialogue in Native communities.
- Explore: NIWRC’S Online Special Collections for Teens, at: <http://www.niwrc.org/resources/special-collections-native-american-teens>. This Special Collection is developed to highlight the issues, resources and other suggestions for engaging Native youth in our communities about healthy relationships and related tools.
- Call: StrongHearts Native Helpline at 1 (844) 762-8483 during Monday-Friday 9am-5:30pm CST. StrongHearts Native Helpline is a culturally appropriate, confidential service for Native Americans affected by domestic violence and dating violence.
- Download: “Child Sex Trafficking in America: A Guide for Parents and Guardians,” by the National Center for Victims of Crime, at: <https://bit.ly/2y9MHaK>
- Download: “Garden of Truth: The Prostitution and Trafficking of Native Women in Minnesota,” by the Minnesota Indian Women’s Sexual Assault Coalition and Prostitution Research & Education, at: <https://bit.ly/2t66B0m>

FEBRUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14 VALENTINE'S DAY	15	16
NCAI-EXECUTIVE COUNCIL WINTER SESSION						
17	18	19	20	21	22	23
24	25	26	27	28		

MARCH IS WOMEN'S HERSTORY MONTH



On March 7, 2013, Deborah Parker (Tulalip/Yaqui) NIWRC Board of Directors, at the historic signing of the Violence Against Women Reauthorization Act of 2013 into law by President Barack Obama.

#INSPIRINGNATIVEWOMEN ON SOCIAL MEDIA

The national theme for this year's Women's History Month is "Visionary Women: Champions of Peace & Nonviolence." We have seen that in action as the voices of Native women have been elevated, strengthened and supported by such growing and powerful national movements. Native women have taken to the streets during national and local women's marches, and organized events to raise awareness of Missing and Murdered Indigenous Women in our communities. This month, we'd like to honor our women, our grandmothers and those who came before us, the voices of resistance, the healers and protectors of water, land and resources and our most important resource, our children.

RESOURCES:

- Submit: A photo & short story for Inspiring Native Women, photo album on NIWRC's Facebook at: <https://bit.ly/2M96oCx>



MARCH 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8 INTERNATIONAL WOMEN'S DAY	9
10	11	12	13	14	15	16
17	18	19	20 NATIVE AIDS/HIV AWARENESS DAY	21	22	23
24	25	26	27	28	29	30
31						

APRIL IS SEXUAL ASSAULT AWARENESS MONTH & CHILD ABUSE PREVENTION MONTH



ARTIST SPOTLIGHT: MEREDITH LEE-MIKE (NAVAJO)

“Georgiana & Baby Nolan.” Since the age of 12, my love for photography grew into a passion. While taking accounting classes at my local community college, I began taking photography. I continue to learn, observe and record my life’s experiences with camera in hand.



TEAL TO RAISE AWARENESS OF SAAM

Let us raise our voices and strengthen the voices of survivors to end sexual violence in our communities. In our Indigenous ways of thinking we know that everyone has a song to sing, we all have a vital role to play. Let's use our voices to speak out against sexual violence, to educate and inform our communities and to comfort and support survivors of sexual violence. Each year during the month of April, state, territory, tribal and community-based organizations, rape crisis centers, government agencies, businesses, campuses and individuals plan events and activities to highlight sexual violence as a public health, human rights and social justice issue and reinforce the need for prevention efforts.

WHAT IS SEXUAL ASSAULT?

Sexual Assault is sexual contact or behavior that occurs without explicit consent of the victim. Sexual violence is often also a form of domestic violence; coerced or forced sex is rape, even if it is with a significant other. Some forms of sexual assault include:

- Attempted rape
- Fondling or unwanted sexual touching
- Forcing a victim to perform sexual acts, such as oral sex or penetrating the perpetrator's body
- Penetration of the victim's body, also known as rape

April is also Child Abuse Prevention Month. Abusers who hurt women often hurt their children too. The dangers of domestic violence need to be taken seriously to better protect women and their children. Educating the community on domestic violence and how to respond, is one way to maximize the safety of victims. Children exposed to violence, whether as victims or as witnesses, often experience long term physical, psychological and emotional harm. The non-offending can help promote healing and resilience for the child by working toward providing a safe, stable and nurturing environment and relationship. There is strength in our prayers, songs and our ancestors.

RESOURCES:

- Explore: NIWRC's Online Resource Library for sexual assault resources on past webinars, reports, etc, at: <http://www.niwrc.org/resources>
- Download: “Child Abuse & Domestic Violence: Putting CAPTA To Work,” by Futures Without Violence, at: <https://bit.ly/2JxtQM1>
- Watch: NIWRC Webinar-“Children Exposed to Violence,” at: <http://www.niwrc.org/resources/children-exposed-violence>
- Call: StrongHearts Native Helpline at 1 (844) 762-8483 during Monday-Friday 9am-5:30pm CST. StrongHearts Native Helpline is a culturally appropriate, confidential service for Native Americans affected by domestic violence and dating violence.
- Download: “What To Do When You're RAPED: An ABC Handbook for Native Girls,” by Native American Women's Health Education Resource Center at: <https://bit.ly/2HuH9XH>
- Download: “Tribal Legal Code Resource: Sexual Assault and Stalking Laws: Guide for Drafting or Revising Victim-Centered Tribal laws Against Sexual Assault and Stalking,” by the Tribal Law & Policy Institute at: <https://bit.ly/2sRh7sh>

APRIL 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

**MAY IS NATIONAL DAY OF AWARENESS FOR MISSING AND
MURDERED INDIGENOUS WOMEN & MOTHER'S DAY**

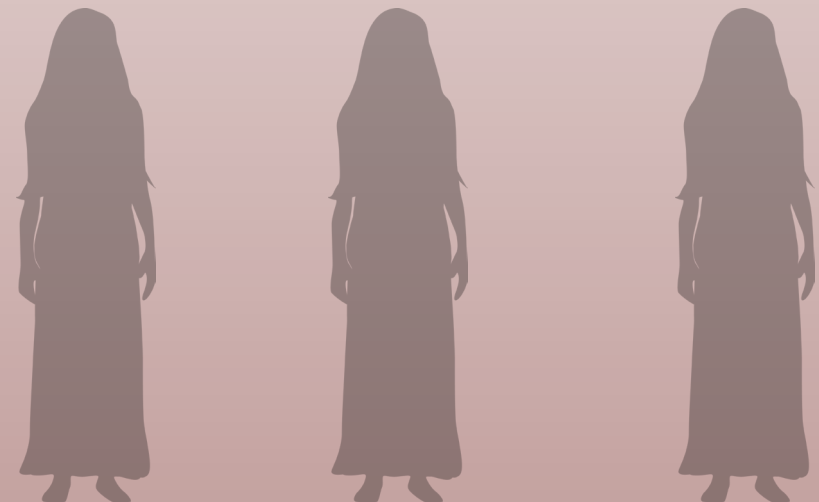
#MMIW - WEAR RED IN REMEMBRANCE



Sunday, May 5th, 2019 the NIWRC supports grassroots to National policy level organizing efforts that seek to address the horrific ongoing violence committed against Native women and girls, particularly the reports of those missing and murdered. In some tribal communities, American Indian women face murder rates that are more than 10 times the national average. Gender-based violence has been used as a tool of genocide in this country since contact. We are all sacred. We must be treated with dignity and with respect. The issue of missing and murdered native women should receive an adequate response from law enforcement and prosecutorial bodies. As the life-givers of our communities, our sovereignty very literally depends on it.

RESOURCES:

- Explore: NIWRC's Online Resource Library for Missing & Murdered Indigenous Women & Girls resources on past webinars, reports, etc. at: <http://www.niwrc.org/resources>
- Database: The Missing and Murdered Indigenous Women's Database by Annita Lucchesi at: <https://www.mmiwdatabase.com>
- Database: NamUS-National Missing and Unidentified Persons System at: <https://namus.gov>



ARTIST SPOTLIGHT: SHAN GOSHORN (EASTERN BAND CHEROKEE)

This River Runs Red, the title and the name of the river (Red River) reference that many of the bodies of murdered and missing women are found in these waters.

Arches watercolor paper splints printed with archival inks, acrylic paint, artificial sinew,
Dimensions: Approx 8"x8"x12"—Read more at: www.shangoshorn.net/this-river-runs-red

MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 MISSING & MURDERED INDIGENOUS WOMEN'S DAY	6	7	8	9	10	11
12 MOTHER'S DAY	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JUNE IS WORLD ELDER ABUSE AWARENESS DAY & FATHER'S DAY

The United Nations (UN) has designated June 15th as World Elder Abuse Awareness Day (WEAAD). The day aims to focus global attention on the problem of physical, emotional, and financial abuse of elders.

RESOURCES:

- Explore: Resource Page for World Elders Awareness Day, by the United Nations, at: <http://www.un.org/en/events/elderabuse/resources.shtml>
- Explore: Online Elder Abuse Response Took Kit, by the Seniors Rights Victoria, at: <https://toolkit.seniorsrights.org.au>



ARTIST SPOTLIGHT: MEREDITH LEE-MIKE (NAVAJO)

"Grandma Sally's Party." Since the age of 12, my love for photography grew into a passion. While taking accounting classes at my local community college, I began taking photography. I continue to learn, observe and record my life's experiences with camera in hand.

JUNE 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16 FATHER'S DAY	17	18	19	20	21	22
23 NCAI-MID YEAR CONFERENCE & MARKETPLACE	24 NCAI-MID YEAR CONFERENCE & MARKETPLACE	25 NCAI-MID YEAR CONFERENCE & MARKETPLACE	26 NCAI-MID YEAR CONFERENCE & MARKETPLACE	27	28	29
30						



ARTIST SPOTLIGHT: WAYA' AISIWA GARY KEENE

My real name is Waya'aisiwa and I am of the Eagle clan from Acoma Pueblo. I am a self taught artist. My trademark is the red headband and red arrowheads on my pieces. Some people say my paintings are medicine for the soul. I am a Vietnam era Navy veteran and a recovering alcoholic. I have been clean for 18 years.

Waya created two beautiful images for the 2018 Women are Sacred conference. These images speak to the power of prayer, the spirit of this sacred gathering and the heart and soul of our people.

JULY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			



Electa Hare-RedCorn (Pawnee) and Oklahoma members of the Pawnee Seed Preservation Project, explore the plot of farmland in traditional Pawnee homelands in Pleasant Dale, Nebraska. Pawnee Seed Preservation Project planted ancestral crops as an act of reciprocity. Acknowledging the honor and responsibility of our Corn mother ways of knowing, has led to relationship building and mutual respect between Nebraska farm family of Del Ficke and the interns interested in respectful environmental land stewardship. Photo by Princella RedCorn, NIWRC.

AUGUST 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Grand entry at the Burns Paiute Powwow and stickball tournament in Burns, Oregon. Photo by Princella RedCorn, NIWRC.

SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

**OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH
& INDIGENOUS PEOPLE'S DAY**



Our beloved sister Tillie Black Bear (Sicangu Lakota) passed over Saturday, July 19th, 2014. The NIWRC will forever hold Tillie in our hearts and honor her dedication to the safety of Native women and sovereignty for Indian nations. Tillie was known as the Grandmother of the Battered Women's Movement for her leadership spanning almost four decades.



WEAR PURPLE FOR DV AWARENESS

In October 1987, advocates recognized the first Domestic Violence Awareness Month and the first national toll-free hotline for domestic violence, the National Domestic Violence Hotline, began taking calls. Two years later, Congress passed the first Domestic Violence Awareness Month Commemorative legislation, which has recognized DVAM every year since then. As we reflect on the work taking place to increase safety and access to justice in our American Indian, Alaska Native and Native Hawaiian communities, we also celebrate the footsteps of our relatives who came before us.

WHAT IS DOMESTIC/INTIMATE PARTNER VIOLENCE?

Domestic/Intimate Partner Violence occurs when an abusive partner uses a repetitive pattern of behaviors to maintain power over another person and control their actions. These behaviors can physically harm, arouse fear, prevent a person from acting freely or force them to behave in ways they do not want.

This month, we remember the Grandmother of our Movement Tillie Black Bear, a member of the Sicangu Lakota Nation/Rosebud Sioux Tribe who dedicated her life to the safety of Native women and sovereignty for Indian nations. Tillie was a founding mother of the National Coalition Against Domestic Violence (NCADV), the White Buffalo Calf Woman Society—the first shelter for Native women in the United States, the South Dakota Coalition Against Domestic Violence and Sexual Assault, and our own National Indigenous Women's Resource Center (NIWRC). Her leadership to indigenize federal legislation spanned four decades and included work on the Violence Against Women Act and the Family Violence Prevention & Services Act and much more. Tillie, a true Strong Heart, demonstrated incredible bravery, courage and strength in leading the movement to end violence in tribal communities before her passing on July 19th, 2014. Her spirit lives on in our work, and we are forever thankful for her love, guidance, leadership, vision, and friendship.

RESOURCES:

- Explore: Archived NIWRC Domestic Violence Resources, including: resource advocacy products, DV webinars, reports, a film, DV and substance abuse, strangulation and suffocation, DV and economic abuse, trauma-informed resource, updates and information on VAWA, ideas for community celebration activities, and DVAM digital postcards for social media, at: www.niwrc.org/resources
- Download: "Domestic Violence Against American Indian and Alaska Native Women," by the National Coalition Against Domestic Violence, at: <https://bit.ly/2HLX2sP>
- Explore: "Ending Violence Against Native Women," by the Indian Law Resource Center, at: <http://indianlaw.org/issue/ending-violence-against-native-women>
- Call: StrongHearts Native Helpline at 1 (844) 762-8483 during Monday-Friday 9am-5:30pm CST. StrongHearts Native Helpline is a culturally appropriate, confidential service for Native Americans affected by domestic violence and dating violence.

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 INDIGENOUS PEOPLE'S DAY	15	16	17	18	19
20	21	22	23	24	25	26
NCAI-ANNUAL CONVENTION & MARKETPLACE						
27	28	29	30	31		

**NOVEMBER IS NATIVE AMERICAN HERITAGE MONTH &
INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN**

Native American Heritage Month is a time to celebrate rich and diverse cultures, traditions, and histories and to acknowledge the important contributions of Native people.

RESOURCE:

· Explore: The Resource Library at the Administration for Native Americans, An Office of the Administration for Children & Families, includes- guides, videos, fact sheets, reports, and webinars produced by ANA, Technical Assistance Providers, partners, and grantees, at: <https://www.acf.hhs.gov/ana/resource-library>



Alaska Federation of Natives Annual Convention at the Carlson Center in Fairbanks, Alaska-October 2013. Photo by NIWRC.

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11 VETERAN'S DAY	12	13	14	15	16
17	18	19	20	21	22	23
24	25 INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN	26	27	28	29	30



Alaska Federation of Natives Annual Convention at the Carlson Center in Fairbanks, Alaska-October 2013. Photo by NIWRC.

DECEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 GIVE BACK TUESDAY	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

WOMEN ARE SACRED

RESILIENCE: WALKING IN ANCESTRAL FOOTPRINTS, CARRYING OUR MEDICINE



National Indigenous Women's Resource Center

**P.O. Box 99
Lame Deer, MT 59043
Toll-Free: 855-649-7299
www.niwrc.org**



The NIWRC and this product was supported by Grant Number 90EV0452-01-00 from the Administration on Children, Youth and Families, Family and Youth Services Bureau, U.S. Department of Health and Human Services.