

HOPI HEALTH CARE CENTER

SEXUAL ASSAULT NURSE EXAMINER (SANE) PROGRAM

REVISED BY ELISE SAGE RN
JOHANNA VEGA-HALL RN

MAY 4, 2016

ORIGINAL BY J CHILDS RN

HOPI HEALTH CARE CENTER

Critical Access Hospital of the Indian Health Service

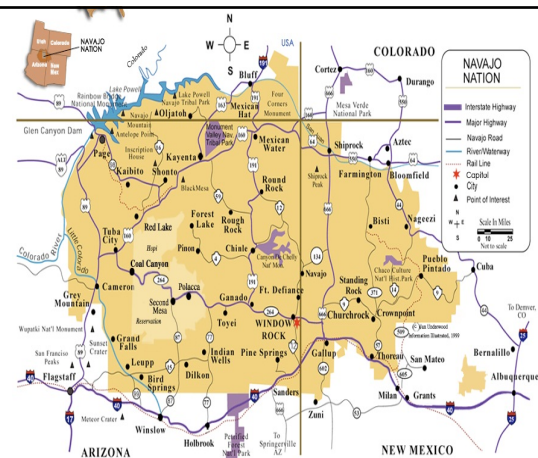
7-12 bed Emergency Department

4 bed Inpatient Unit

2 bed Birthing Center

Outpatient Department

**Serves approximately 16,400 people from
primarily the Hopi and Navajo tribes**



SEXUAL ASSAULT IN TRIBAL COMMUNITIES



More than 1 in 3 AI/AN women will be sexually assaulted in her lifetime.

Nearly 1 in 5 AI/AN men will be sexually assaulted in his lifetime.

For AI/AN women, the risk of sexual assault is 2.5 times higher than for women in the general US population. In some communities, this risk is up to 20 times the national average.

The number of unreported sexual assaults is predicted to be higher in rural and tribal communities.

Barriers to reporting

- Geographic isolation
- Lack of available services
- Lack of trust in the services which are available
- Confidentiality
- Concern for social stigma or blaming
- Safety concerns



AI/AN SEXUAL ASSAULT NURSE EXAMINER–SEXUAL ASSAULT RESPONSE TEAM INITIATIVE

2010

The IHS and the Department of Justice (DOJ) Office for Victims of Crime (OVC) entered into a partnership involving the Federal Bureau of Investigation and the Department of the Interior to develop the AI/AN SANE-SART Initiative.

The purpose of the SANE/SART Initiative is to address the needs of sexual assault victims in Indian Country, with the ultimate goal of institutionalizing sustainable and evidence-based practices that meet the needs of tribal communities.

2011

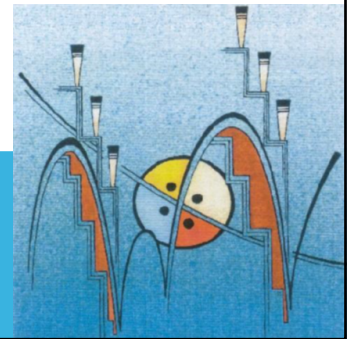
Recommendations developed and Implemented from the GAO for Indian Health Services.



HOPI HEALTH CARE CENTER SANE PROGRAM



Training
Internal Collaboration
External Collaboration
Sustainability



HHCC SANE PROGRAM TRAINING



The Indian Health Service offers a 40 hour Didactic Course along with Skills Training and preceptorship. These training programs are free to the I.H.S. Employee.

Nurse	40 Hour Course	Women's Clinic	Clinical Skills Training	High Volume Precepting	Independent Practice
Elise Sage	✓	✓	✓	✓	✓
Johanna Vega-Hall	✓	✓	✓	✓	✓



Tribal Forensic Healthcare

HHCC SANE PROGRAM ADDITIONAL RESOURCES



Tribal Forensic Healthcare

- Webinars
- Domestic Violence Examiner course

International Association of Forensic Nurses

- Case reviews
- Annual conference

Additional training opportunities

- i.e. Department of Justice SANE Expert Witness training



Tribal Forensic Healthcare

HHCC SANE PROGRAM INTERNAL COLLABORATION



Staff Education

ED nursing staff

- Triage and Initial Management Checklist Review/education has been accomplished multiple times with both SANE RN's

ED medical staff

- Medical screening exam
- Preprinted orders

Hopi Emergency Medical Services, Patient Registration, Interpreters, Security, Lab, Pharmacy, Social Services, Behavioral Health, Case Management, Biomed, Information Technology, Medical Records, Billing, Health Promotion, Administration....Everyone!

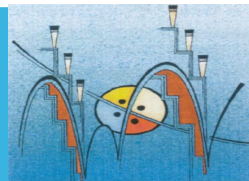
HHCC SANE PROGRAM EXTERNAL COLLABORATION



- Hopi Sexual Assault Response Team (HSART)
- Hopi Tewa Women's Coalition to End Abuse
- Hopi Health Care Center
- Hopi Domestic Violence Program
- Law Enforcement
 - BIA Law Enforcement
 - Hopi Tribal Police Rangers

Judicial System

- Tribal Prosecutor
- Tribal Liaison for the US Attorney's Office



HHCC SANE PROGRAM EXTERNAL COLLABORATION



Navajo Apache Hopi Zuni Coalition Against Sexual Assault and Family Violence (NAHZCASA-FV)

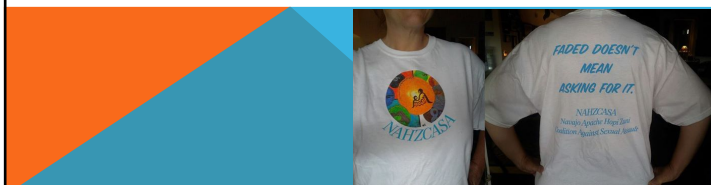
Tuba City Regional Healthcare

Chinle Comprehensive Health Care Facility



Northern Arizona Center Against Sexual Assault (NACASA)

Albuquerque SANE Program



HHCC SANE PROGRAM SUSTAINABILITY AND EXPANSION



Challenges to sustainability and expansion

- Time between training and completion of first exam
- Time between exams
- High staff turnover
- No dedicated work hours for the SANE Program
- Tribal Jurisdictions

Overcoming the challenges

- Mock scenarios and exams
- Skills sessions
- Case reviews
- Increased support from administration

HHCC SANE PROGRAM SUSTAINABILITY AND EXPANSION



Quality Assurance

- Competency assessments
- Peer reviews
- Chart reviews
- SART meetings
- Continuing education

Recruitment and training of additional SANE's SANE-A certification

HHCC SANE PROGRAM SUSTAINABILITY AND EXPANSION



Community Education

Referrals from other facilities

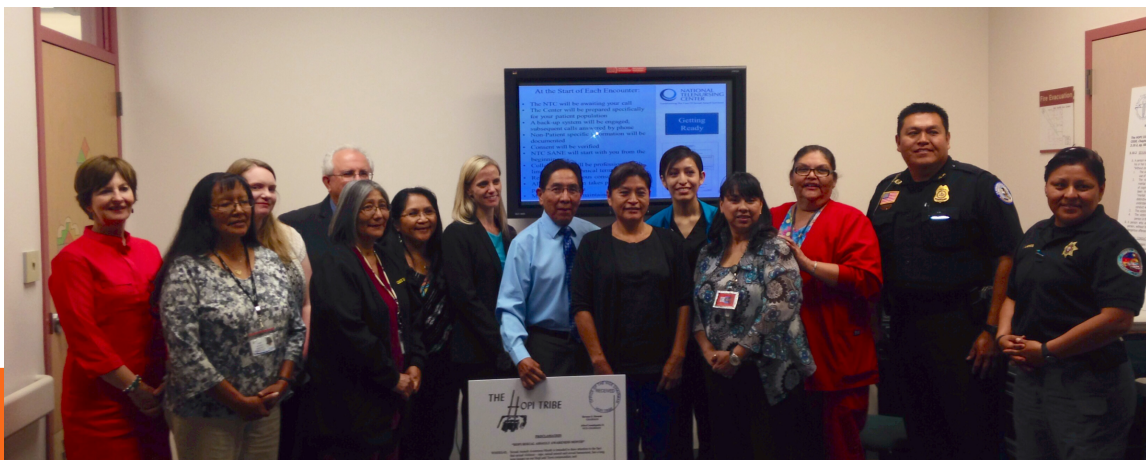
Intimate Partner Violence including Strangulation

Other victims of violence

Sharing what we have learned...

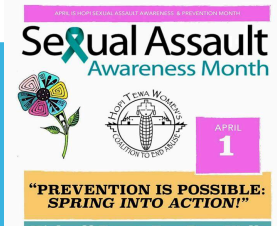
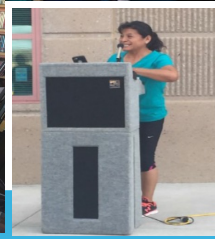
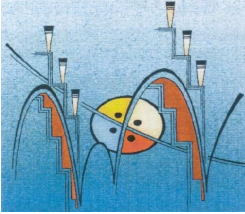
- Resource for developing SANE Programs
- Office for Victims of Crime SANE Program Development and Operation Guide

HOPI SART – NATIONAL TELENURSING SITE VISIT 2014



Hopi SART and HHCC Activities 2015 and 2016

HHCC EMPLOYEES SHOWING THEIR SUPPORT ON WEAR TEAL TUESDAY APRIL



ASKWALI!

[http://tribal-institute.org/download/Listen to Grandmothers Video Guide %20June08.pdf](http://tribal-institute.org/download/Listen%20to%20Grandmothers%20Video%20Guide%20June08.pdf)

[http://c.ymcdn.com/sites/www.forensicnurses.org/resource/resmgr/Position Papers/SAFE STAR IAFN Position State.pdf](http://c.ymcdn.com/sites/www.forensicnurses.org/resource/resmgr/Position_Papers/SAFE_STAR_IAFN_Position_State.pdf)

[http://www.tribal-institute.org/download/SART Manual 09 08.pdf](http://www.tribal-institute.org/download/SART_Manual_09_08.pdf)

<http://www.ihs.gov/forensichealthcare/programs/>

<http://dance.lovetoknow.com/image/131303~HopiDance.jpg>

<http://indianlaw.org/node/1003>

<http://beyondthemas.com/category/hoi-photography/>



NATIONAL TELENURSING CENTER

Transforming The Care of Sexual Assault Survivors



Newton Wellesley Hospital, Newton, MA

Joan Meunier-Sham, RN, MS
Director, Massachusetts SANE Program

Cynthia Moore, RN, CPNP, SANE
Educator, The National TeleNursing Center

Benefits of SANE Programs

- Less than 50% of survivors receive adequate information for post-assault healthcare options
- ED personnel most often receive limited training, see a low volume of patients and have difficulty maintaining proficiency
- Fear of provider liability and possible court testimony leads to inaction
- Patients cared for by SANEs are more likely to engage in criminal justice system
- The goal of SANE programs is to ***provide post-assault care in a victim-centered, patient empowering setting, fully addressing patients' medical and emotional needs.***

Campbell, R (2004) <http://vawnet.org>

The Problem

- Many communities in the United States lack the human and financial resources for SANE or SAFE programs
- In underserved areas, trained SANEs often don't have adequate case volume to stay competent AND confident in their ability to conduct sexual assault forensic examinations.
- Lack of support for providers leads to burnout and high attrition rates

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VISION & MISSION

- Utilize Telemedicine Technology to Transform the Care of Patients
- Increased Quality of Forensic Evidence
- Expand Access to Expert SANEs in Remote & Underserved Regions
 - Increase Clinician Confidence
 - Increased Educational Opportunities for Providers
 - Increased Role Satisfaction and Retention of SANEs/SAFEs



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HOW IT BEGAN

- The Initial Award
 - Fall 2012
- A 3-Year Plan
 - 4 sites
 - 4 unique populations
- Building a Team
 - ADOL
 - American Doctors on Line
 - Partners Health Care
 - Newton-Wellesley Hospital



Robert E. Bush Naval Hospital, Twentynine Palms, CA

MASSACHUSETTS SANE EXPERTISE



A Foundation of Success

- 20+ years of experience
- Over 18,500 patients

Knowledge

- RN, NP, CNMW, MD
- 50% hold advanced degrees
- Professional practice at universities, academic teaching hospitals in EDs, ORs, ICUs and Women's Health.

Exceptional Care

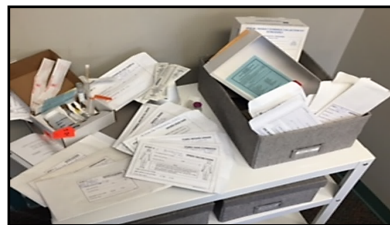
- 1 Centralized statewide program
- 6 Regions
- 29 hospitals & 7 Children's Advocacy Centers
- 141 specialty trained and certified SANEs
- 30% have been SANEs for 10+ years

PARTNERS FOR SUCCESS

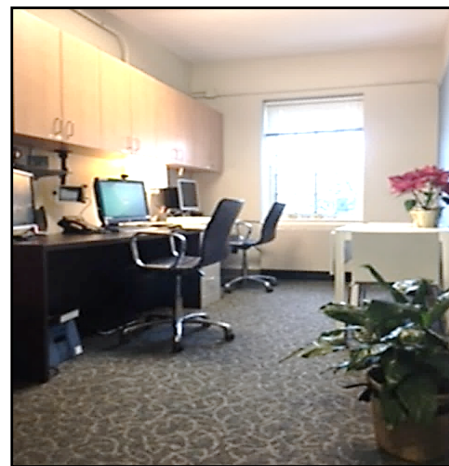


DEVELOPING “THE CENTER”

- Establishing a Location
 - A private and secure location
- Creating Policies & Procedures
 - 30+ patient centered policies
 - Site specific resources



A Sexual Assault Evidence Collection Kit



*Encounter Room 1
The National TeleNursing Center*



BUILDING RELATIONSHIPS

- Assessing Site Readiness
 - Visiting communities to prepare for success
- Fostering Community Partnerships
 - Planning together
 - Beginning at the site



*Robert E. Bush Naval Hospital
Twentynine Palms, CA*



*Saint Anne's Hospital
Fall River, MA*



*Sutter Lakeside Hospital
Lake County, CA*



*Naval Hospital Camp Pendleton
North San Diego County, CA*



MetroWest Medical Center Framingham, MA

PARTNERS



Hopi Health Care Center, Pokica, AZ

PROGRAM EVALUATION

- Independent Evaluation by a team from University of Illinois at Urbana-Champaign
- Describe & evaluate development of the NTC
- Assess the site's experiences with:
 - Administration/P&P Development
 - Encounters
 - Education & Support
- The remote sites are asked to participate in evaluation but are not being evaluated
- The Program Evaluation Team applies for IRB approvals/exemptions independently from the NTC



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DEVELOPING STAFF READINESS

- Educating Remote Site Providers & NTC SANEs
 - Multiple levels of experience
 - Variety of kits and policies



*The NTC Team at Sutter Lakeside Hospital
Clearlake, CA*



*Encounter Room 2
The National TeleNursing Center*



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Developing New Professional Practice Models

- Contributing to changing care delivery systems
- Refining and honing practice with each patient experience
- Feedback of clinicians



On-site education with the US Navy

THE ENCOUNTER

A New Process

- Pre-Encounter
 - Focus: Communication between providers
- Encounter
 - Focus: Supporting the provider and ensuring best practice
- Post-Encounter
 - Focus: Real time QA



*LT Jericho Ramirez USNAVY NC
Ms. Kris Rose OVC*

- **Who calls NTC?**
- Medically cleared
- Consent patient to exam and NTC consult
- Complete Pre Encounter
- Begin Encounter
- Introductions
- Complete forensic history, evidence collection, & treatment
- Discharge patient
- Reconnect via VTC
- Package Evidence, review documentation

Pre Encounter

Encounter

Post Encounter

Ongoing Support

- **Weekly calls**
 - Director and Site Liaison
 - Discuss activities, areas for improvement, problem solving
- **Case Review**
 - NTC Director debrief with NTC SANE who did case
 - Site Liaison debrief with RSC who did case
- **Coordinated trainings**
 - Series of trainings
 - Topics as requested by site



Coordinated Trainings

Every 6 weeks:

- Coordinated process when working with the NTC
- Evidence Collection Kit Review
- Forensic History Taking
- Swab Techniques
- Wound Identification
- Strangulation
- Documentation and Documentation Review



Goal: Educate and build relationships
NTC SANEs present with Educator/Director

BENEFITS REALIZED

- Increasing Clinician Confidence
- Community & Professional Benefits
- Positive Feedback from Providers
- Positive Feedback from Local Crime Labs



Sutter Lake, CA



Boston, Massachusetts

THANK YOU

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www.mass.gov/dph/telenursing