NĀ HĀNAUNA HOʻŌLA: Healing Generations

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POUHANA O NĀ WAHINE
Pillars of women

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E Hō Mai
by Edith Kanaka’ole

E hō mai i ka ʻike mai luna mai e
O nā mea huna noʻeau o nā mele e
E hō mai, e hō mai, e hō mai e

Grant us knowledge from above
The things of knowledge hidden in the chants
Grant us these things
Greetings to you

This webinar will explore the impact of trauma and violence towards Native Hawaiian women in our communities as a result of the U.S. overthrow of our government and forced statehood. The resulting oppression of Native Hawaiians has been devastating to the health and well-being of our people who have been a thriving people that lived as part of the land, sea, and sky. The introduction of alcohol and drugs exacerbated the violence and separated Hawaiians from their very being and displaced their families. We will also address the importance of healing from the pain and past injustices by acknowledging in the present that we are evolving and once again will become a thriving people. It is important for us to share our culture, values, and belief systems that were passed down to us by our ancestors. Recent reports on intimate partner violence, sexual assault and sex trafficking, dictate a need in Hawaii for a Native Hawaiian Resource Center on Domestic Violence, and it is Pouhana O Nā Wahine’s intention to be the ones to open the center in Hawaii.
OBJECTIVES

• Raise awareness about gender-based violence toward Native Hawaiian women

• To come to understand the change in Native Hawaiian Women’s roles in society

• To bring forth the need for a Native Hawaiian Resource Center that focuses on Domestic Violence
KA WĀ MA MUA

Pre-contact
THE LŌKAHI TRIANGLE

PRE-CONTACT
“The un-severable relationship.”
Sacred is woman as is land to life.
There is connection to all forms of life.
HE KULEANA WAHINE
Women responsibilities
KA WĀ MA HOPE
Post-contact
THE LŌKAHI TRIANGLE
POST-CONTACT

Source: Dolly Tatofi 2017
The responsibilities changed
64% of sex trafficking victims identified as being all or some Native Hawaiian.

https://www.youtube.com/watch?v=2CC679Zc9IE
Between 2000 and 2009 there were 58 murders of women resulting from IPV and 70% was Filipino or Native Hawaiian (Domestic Violence Coalition, 2009).

Out of the 70% of IPV murders in Hawaii at least half or more of the women murdered were Native Hawaiian.

Regain our identity as the host culture in the islands through the language, culture, and spiritual connections.

Today Hawaiians are proud of their heritage and are standing together to face adversity by protecting sacred spaces and places.

You Tube video: https://www.youtube.com/watch?v=fAmK2LQ0sWc
DISPARITIES IN IPV

Historical trauma: disconnected from the ‘āina (land), therefore, disconnected from our kupuna (ancestors).

Healing the ‘āina: Heal the ‘āina you heal the kanakā ‘ōiwi (Native Hawaiian).

Reconnecting with the land: Moving forward by reconnecting to the ‘āina and reclaiming our identity.

Creating and holding space for all: We need to create space to honor our wahine (women) in all places, spaces and time.

I KEIA MANAWA

Present time
"We selected pouhana (central wood pole used in traditional Native Hawaiian homes) as part of our name because we recognize without the pouhana, the house falls apart, and wāhine, like pouhana, are the strength of the family. We come together as a hui (group) to serve as pouhana and help our people to address domestic violence and related injustices."
—NaniFay Paglinawan, Pouhana’s Kupuna (elder)

RESTORATION OF SACREDNESS
Ola kalani Mollenia

Hoʻolehua, Molokai
MOVING FORWARD AND HEALING THROUGH PRESERVATION & CULTURAL PRACTICE

PRESERVATION OF SACRED SITES FROM FURTHER DESECRATION AND GOOD STEWARDSHIP.
PRESERVATION OF THE CULTURE AND HERITAGE.
HEALING OUR LAND, PEOPLE, THROUGH PRAYER TO AKUA AND UNDERSTANDING FROM ANCESTORS.
HEALING THROUGH LOVE AND ALOHA

I LOVE YOU ... I'M SORRY ...
PLEASE FORGIVE ME...
THANK YOU...

Aloha Spirit Law

- Akahai – meaning kindness to be expressed with tenderness (grace)
- Lōkahi – meaning unity to be expressed with harmony (unbroken)
- ‘Olu’olu – meaning agreeable to be expressed with pleasantness (gentle)
- Haʻahaʻa – meaning humility to be expressed with modesty (empty)
- Ahonui – meaning patience to be expressed with perseverance (waiting for the moment)

http://www.aeluvhula.com/true-meaning-of-aloha/
MAHALO NUI!

Any Questions?

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ʻŌlelo Hawaiʻi glossary

Nā Hānauna Hoʻōla: Healing Generations
Pouhana O Nā Wahine: Pillars of women
Welina Mai: A greeting of affection
Lōkahi: Balance, unity, harmony
Akua: God, Creator, higher power
Kanaka ʻŌiwi: Bones of the people, Native Hawaiian
ʻĀina: That which sustains you; land
Kai: Ocean
He Pilina Wehenaʻole: The unseverable relationship
Ka Wā Mamua: Before time
Ka Wā Mahope: Time after
He Kuleana Wahine: Women responsibility
Ua Loli Ke Kuleana: The responsibility changed
I Keia Manawa: Now; present time.
ʻŌlelo Hawaiʻi: Hawaiian language

Hoʻoponopono: To make right; Hawaiian conflict resolution practice.
Mahalo nui: Thank you greatly
Aloha: Love, hello, good-bye
Akahai: Modest, gentle, unassuming, unpretentious, meek, suave.
ʻOluʻolu: Pleasant, nice, amiable, satisfied, contented, happy, agreeable, cordial, please, gracious.
Haʻahaʻa: humility, humble, low, lowly, unpretentious, modest, minimum, degraded, meek.
Ahonui: Patience, patient, enduring, long suffering, to tolerate. Literally menas “big breath”.
Pohuehue: The beach morning glory. (Ipomoea pescaprae subsp. brasiliensis). A strong vine found on sandy beaches in the tropics.
Kaonaoa: A vine with slender stems, yellowish orange; a parasitic plant that is endemic to Hawaiʻi. Cuscuta sandwichiana.
Resources

- Family and Community Dynamics
  - Retrieved from: https://www.everyculture.com/multi/Ha-La/Hawaiians.html#ixzz6CCPuSGck
  - Handy, E.S. Craighill, Kenneth P. Emory, Edwin H. Bryan, Peter H. Buck, John H. Wise, and others; Charles E. Tuttle. Ancient Hawaiian Civilization, Revised Ed Hawaiian Social System – Pre Contact Co.: publishers, copyright in Japan 1965
Resources continued...

- Pukui MK, Haertig EW, Lee CA, World Nana I Ke Kumu (Look to the Source) (Vol.1), Honolulu, HI: Hui Hanai; 1972, pp. 166-174
- Pokhrel, Pally, PhD, MPH, Assistant Professor and Herzog, Thaddeus, A. PhD Historical Trauma and Substance Use among Native Hawaiian College Students Retrieved from: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4877175/ January 28, 2020