Except for male privilege, tactics are not listed in order of use or power.

Intimate Partner Violence

Gender-based institutionalized system of overlapping continuous violent tactics used to maintain power & control

PUNCH - KICK - STRANGLE - PUSH - SLAP - PULL HAIR

Originally produced by Sacred Circle, National Resource Center to End Violence Against Native Women.

IPV/Battering: the purposeful use of a system of multiple, continuous tactics to maintain power and control over another. This intentional violence results from and is supported by unnatural, misogynistic, sexist societal and cultural belief systems. IPV/Battering is a crime against individuals, families and communities.