

# Are you a domestic violence survivor looking for safe, affordable housing or worried about losing your housing?

Finding and keeping safe and affordable housing can be challenging, especially when leaving an unsafe situation. Below are resources to help you find, maintain, and pay for housing in your community.



*Are you experiencing or have you experienced domestic violence?*

Get support now, including information on emergency shelter, by calling the National Domestic Violence Hotline at **1-800-799-SAFE (7233)** or by accessing the hotline's [\*\*provider search tool\*\*](#)

## Do you need help finding or paying for housing in your community?

- **Housing Assistance Overview**: Tools from the U.S. Department of Housing and Urban Development to find housing and resources to help you pay rent or buy a home, including an [\*\*interactive map\*\*](#) of housing options in your area.
- **Rental Assistance Programs**: Tool to search by state, territory, or Tribe/tribal land for programs that provide money to cover rent and utilities.
- **Housing Assistance in Rural Areas**: Resources including help to rent, buy, renovate, or make repairs on your home if you live in a rural area, including a link to an [\*\*interactive map\*\*](#) to find affordable multi-family housing rentals.

## Do you need help covering household costs?

- **Child Care Financial Assistance Options**: Information on programs to help cover the costs of child care and early education.
- **Temporary Assistance for Needy Families**: Interactive map to find a program in your area that offers cash assistance and work opportunities for families with children under 18 years old.
- **Food Bank Locator**: Search tool and interactive map to find a food bank near you and to apply for food and nutrition benefits like SNAP and WIC.
- **Low Income Home Energy Assistance Program**: Tool to search by state, territory, or Tribe for financial assistance with energy bills, energy crises, weatherization, and minor energy-related repairs.
- **Find Local Assistance with Household Costs**: Search tool and interactive map to find a locally run organization near you that can help connect you with free or low-cost food, preschool, housing, and more.

### Are you experiencing stigma, discrimination, or sexual harassment related to housing?

- **Housing Rights as a Domestic Violence Survivor**: Information about the housing protections and rights you have under the Violence Against Women Act (VAWA) when applying for or living in a HUD-subsidized or assisted unit or program.
- **Report Housing Discrimination**: Link to file a complaint with HUD if you are applying for or living in a HUD-subsidized or assisted unit or program and believe your VAWA rights have been violated. You can also call 1-800-669-9777 to speak with a HUD Intake Specialist. For other questions about housing discrimination, go to: [hud.gov/fairhousing](https://www.hud.gov/fairhousing).
- **Legal Protections for Immigrants & Refugees**: Information on laws providing housing protection and other rights to prevent discrimination based on immigrant status, refugee status, national origin, and religion.
- **Sexual Harassment in Housing**: Information on your rights and what you can do if you are being sexually harassed in your housing environment. You can also report sexual harassment in housing to the U.S. Department of Justice’s Sexual Harassment in Housing Initiative [online](#) or by calling 1-844-380-6178.

### Do you need legal assistance to avoid eviction?

- **Help with Discriminatory Eviction**: Information and next steps if you are facing unfair eviction based on certain individual characteristics like race, religion, or disability, including a link to an [interactive map](#) to find local organizations that can help you speak with housing providers, investigate discrimination, and provide assistance.
- **Eviction Protections Under VAWA**: Information and answers to common questions about your rights under VAWA with respect to eviction.
- **What To Do If You're Facing Eviction**: Information on what you can do if you’re behind on rent and received a demand for payment, an eviction notice, or an eviction lawsuit, including a link to [contact your local bar association or legal aid office](#) to talk to a lawyer.

*This resource guide was developed by the [Administration for Children and Families \(ACF\)](#). ACF is committed to supporting the economic and social well-being of children and families. ACF programs aim to empower families, support the development of children, and encourage strong, healthy communities.*