

YOUR RIGHTS

You have the right to be responsible for your own actions.

You have the right to act without offering excuses or reasons for your behavior.

You have the right to decide if you are responsible for someone else's problems.

You have the right to change your mind.

You have the right to make mistakes (and be held responsible for them).

You have the right to say, "I don't know."

You have the right to decide if you want to return favors to those who have done favors for you.

You have the right to be illogical in making decisions.

You have the right to say, "I don't understand."

You have the right to say, "I don't care."

You have the right to say no, without feeling guilty.

You have the right to pass/ not say anything.

SHARED RESPONSIBILITIES

Try to begin and end on time.

Maintain confidentiality about everything said in group, including the names and identifying information of the group members.

Respect what members share.

No interrupting. Everyone will have a turn to speak.

No violence ** verbal, emotional, or physical.

Be willing to participate. Active listening is participation.

Respect your and other's healing process.

All opinions and feelings are okay – avoid judgement, strive for acceptance.

Leave the meeting place as found.

Sacred Circle, National Resource Center to End Violence Against Native Women